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**REPUBLIC OF THE PHILIPPINES**

**DEPARTMENT OF TRANSPORTATION**

**MARITIME INDUSTRY AUTHORITY**

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| **INVENTORY OF TEACHING AIDS AND REFERENCES** |

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| **Training Course:** | Medical First Aid (MEFA) |
| **Name of Maritime Training Institution:** |  |

| *Note: Substitute textbooks and videos can be used provided they contain the same content of the required.* | **Self-Assessment** | **Tabletop Evaluation** | **Inspection** | **Remarks** |
| --- | --- | --- | --- | --- |
| **To be accomplished by applicant MTI** | **To be accomplished by designated Tabletop Evaluator** | **To be accomplished by designated Evaluation and Inspection Team (EIT)** |
| **Items** | **Hardcopy** | **Electronic Copy** | **Complied** | **Not Complied** | **Complied** | **Not Complied** |  |
| **Teaching Aids (A):** |
| 1. Visual Presentations
 |  |  |  |  |  |  |  |
| 1. Organized ships’ medicine chest/cabinet with dummy/picture medicine contents properly labeled as per Medical First Aid Guide (MFAG)
 |  |  |  |  |  |  |  |
| 1. Posters of the following:
* Cardio-pulmonary Resuscitation
* Rule of the Nines for Burn Patients
* Different Types of Fractures
 |  |  |  |  |  |  |  |
| 1. Sample of the following:
* Medical Log
* Ship’s Medical Chest Certificate
* Expired Medicine Disposal Log
* Controlled Drugs List
 |  |  |  |  |  |  |  |
| 1. Training videos about the following:
* A Matter of Life and Death
* Dealing with shock
* Bone and Muscle Injuries
* Dealing with the Unexpected
* Oxygen for the Brain – Maintaining the Supply
* After Care of Shock
* After Care of Fractures, Dislocations and Sprains
* Moving Casualties and Dealing with Other Problems
* Cold Water Casualty
 |  |  |  |  |  |  |  |
| 1. Hand-outs
 |  |  |  |  |  |  |  |
| 1. Exercise Sheet
2. First Aid Primary Actions
3. Basic Life Support
4. Medical First Aid Guide (MFAG)
5. Examination of Casualty or Patient – First Aid Secondary Actions
6. Provide first aid and care management for casualty experiencing cardiac arrest, drowning and asphyxia
7. Treatment and Care Management
8. Treat and care for casualty with a specific nature and extent of burn in accordance with the prescribed procedures
9. Treat and manage a casualty with heat and cold related injuries in accordance with the prescribed procedures
10. Provide first aid treatment, care management and transport of a casualty with fractures, dislocation and other muscular injuries
11. Perform medical care to rescued persons
12. Fill-up the forms and provide medical records and related information to request radio medical advice
13. Administer medication through injection in accordance with prescribed procedures
 |  |  |  |  |  |  |  |
| **IMO References (R):***MTIs may use additional references as deemed necessary to meet the intended learning outcomes of this training course.* |
| 1. International Convention on Standards of Training, Certification and Watchkeeping for Seafarers, 1978, as amended
 |  |  |  |  |  |  |  |
| 1. International Code of Signals (latest edition)
 |  |  |  |  |  |  |  |
| 1. IMO/ILO Document for Guidance (latest edition)
 |  |  |  |  |  |  |  |
| 1. IMO/ILO/WHO International Medical Guide for Ships (IMGS) Including the Ship’s Medicine Chest (latest edition)
 |  |  |  |  |  |  |  |
| 1. Medical First Aid Guide for use in Accidents Involving Dangerous Goods (MFAG) (latest edition)
 |  |  |  |  |  |  |  |
| **Bibliography (B):***The MTIs may choose books from the following bibliography or they may use other or additional references provided it has similar content of the latest edition to facilitate learning. Electronic publications may be accepted as alternatives to printed copies of the latest editions and must be sourced from authorized publishers.* |
| 1. International Guidelines for First Aid (latest edition) – ILCOR (can be from AHA or ERC)
 |  |  |  |  |  |  |  |
| 1. Michael K. Harris *Essential Resources for Industrial Hygiene*. Fairfax, Virginia. American Industrial Hygiene Association. (latest edition)
 |  |  |  |  |  |  |  |
| 1. The International Chamber of Shipping (ICS). *Drug Trafficking and Drug Abuse*. (latest edition)
 |  |  |  |  |  |  |  |
| 1. UNDCP/ILO Drug and Alcohol Abuse Prevention Programmes in the Maritime Industries. (latest edition)
 |  |  |  |  |  |  |  |
| 1. World Health Organization (WHO). International Health Regulation. (latest edition)
 |  |  |  |  |  |  |  |
| **Website Reference:***Note: The Website Reference (W) is recommended reference only* |
| 1. *The Ship’s Captain Medical Guide*. Southampton Maritime and Coastguard Agency. Retrieved from [http://www.dieselduck.info/machine/06%20safety/Ship%20Captain's%20Medical%20Guide%20-%2022nd%20Ed.pdf](http://www.dieselduck.info/machine/06%20safety/Ship%20Captain%27s%20Medical%20Guide%20-%2022nd%20Ed.pdf)
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| **Accomplished by** | **:** |  |  | **Date** | **:** |  |
|  |  | Name and Signature ofMTI’s Authorized Representative |  |  |  |  |

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| **Table Top Evaluator’s Comments:** |
|  |  |  | **Date of Evaluation** |  |  |  |
|  | **Table Top Evaluator’s Name & Signature** |  |  |  |  |  |
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| **Inspector’s Comments:** |
|  |  |  | **Date of Inspection** |  |  |  |
|  | **Inspector’s Name & Signature** |  |  |  |  |  |
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